

Bread. The way it *ought* to be.

BREAKFAST SANDWICHES

The perfect spot for breakfast!



Classic Ham 650 cal.\$6.50 Ham, cheddar cheese, egg, and garlic herb spread on Honey Whole Wheat bread.

Classic Bacon 650 cal.\$6.50 Bacon, cheddar cheese, egg, and garlic herb spread on Honey Whole Wheat bread.

Classic Ham Biscuit 710-750 cal.\$7.00 Ham, cheddar cheese, egg, and garlic herb spread on a fresh baked Great Harvest Biscuit.

Classic Bacon Biscuit 720-760 cal.\$7.00 Bacon, cheddar cheese, egg, and garlic herb spread on a fresh baked Great Harvest Biscuit.

Classic Cheddar 580 cal.\$6.25 Cheddar cheese, egg, and garlic herb spread on Honey Whole Wheat bread.

The Kickstart 630 cal.\$6.50 Bacon, pepper jack cheese, egg, tomato, and garlic herb spread on Farmhouse White bread.

The Loaded Ham 680 cal.\$8.25 Ham, Swiss cheese, egg, avocado, tomato, and garlic herb spread on Honey Whole Wheat bread.

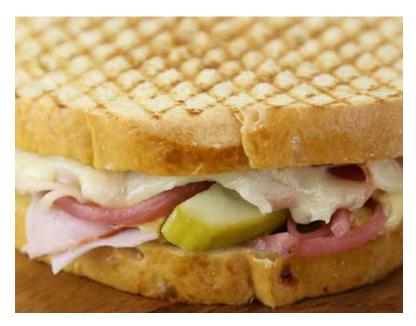
The Loaded Bacon 670 cal.\$8.00 Bacon, provolone cheese, egg, avocado, tomato, and garlic herb spread on Honey Whole Wheat bread.

Ham & Swiss 620 cal.\$6.50 Ham, Swiss cheese, egg, tomato, and garlic herb spread on Farmhouse White bread.

The Morning Gobbler 720 cal.\$7.75 Turkey, provolone cheese, egg, and garlic herb spread on Dakota bread.

MAY SPECIAL

The outside is as good as the inside.



Cubano Sandwich

SIGNATURE SANDWICHES

Fresh made with simple ingredients.



Louisville Chicken Salad



Baja Chipotle Turkey

and salt & pepper mix. Fresh made on Honey Whole Wheat bread.



Veggie Baja

Honey Whole Wheat bread.

DRINKSVarious drinks available in our cooler.

Coffee

Small 12 oz 5 cal.\$1.70 Large 16 oz 5 cal.\$2.10

Teas

Hot Large 16 oz. O cal.\$2.15 lced Large 10 oz. O cal.\$1.50



2,000 calories a day is used for general nutrition advice, but calorie needs vary. Additional nutrition information is available upon request.



HOT OFF THE GRILL

Get it hot, get it fresh, get it now!



Spicy Apple Bacon Grilled Cheese

670-730 cal.\$8.25 Melted sharp cheddar cheese & provolone, thinly sliced apples, bacon, and pepper jelly.



Best Ever BLT

460-520 cal.\$7.50 Bacon, lettuce, tomato, and mayo between two slices of our grilled, fresh baked bread.



Grilled Cheese

730-850 cal.\$6.00 Your bread of choice, cheddar & provolone cheese, and a light taste of our garlic & herb spread. Add ham for \$2.00, crispy bacon for \$1.00, or tomato!

BEYOND FRESH SALADS

The greatest thing since sliced bread!



Fresh Seasons Salad



Garden Salad

100-480 cal.\$5.00 Spring mix, cabbage, red onions, and tomato, topped with almonds & sunflower seeds. Served with your choice of dressing.

CLASSIC SANDWICHES

Beyond Fresh.

Turkey & Cheese

620-710 cal. \$8.75 Turkey with choice of cheese, lettuce, tomato, red onion, Dijon mustard, mayonnaise, and salt & pepper mix, on choice of bread.

Ham & Cheese

620-710 cal.\$7.50

Ham with choice of cheese, lettuce, tomato, red onion, Dijon mustard, mayonnaise, and salt & pepper mix, on choice of bread.

PB & J

650-710 cal.\$3.50

Creamy peanut butter and seasonal jelly, on your choice of fresh made bread!

SOUPS OF THE DAY

Warm up your day.



8 oz Bowl \$5.50

12 oz Bowl & Roll \$8.00

W & F:

Tomato 210/315 cal Cheddar Broccoli 240/360 cal. THUR:

Chicken Noodle 100/150 cal. Cheddar Broccoli 240/360 cal.

W & F: Popeye Roll 210 cal. TH: Oregon Herb Roll 210 cal.

COMBOS

Make it a meal.



Add Chips and a Drink add 210-240 cal.\$2.00

Add a Cookie and a Drink add 460-590 cal.\$2.50

Goodie & Coffee 450-740 cal.

Choose any one of our fresh made muffins, scones, bars, or cookies and get a coffee at half price.

Breakfast Sandwich & Coffee 580-760 cal.

Choose any breakfast sandwich & get a coffee at half price.

Cinnamon Roll & 16 oz. Coffee 950 cal.\$4.05